

# Susan B. Bentley

## The Gen X Women's Coach

### SPEAKER AND PODCASTER

Susan B. Bentley is a life, personal and individual team coach working with women who are 40+ to regain their confidence in themselves and get clear on what they want from their lives, businesses and careers.

Susan talks with Gen X women about their life journeys on her podcast, Gen X Voices and her Scaredycat Skills training program seeks to increase the visibility of women speakers at conferences by training women of all ages to feel confident in their voice, professional skills and values.

With more than twenty years of management/coordinator experience in the UK public sector and creative industries, her big vision is to see gender equality and pay parity, with her own voice, and the voices of the women she works with, adding to sustained change and social justice.

Susan is a film geek, fangirl and live music lover who is always happy to have a chat over coffee and cake.



### INTERVIEW AND SPEAKER TOPICS

- Living your Values
- Boundaries and saying No
- Perimenopause and life transitions
- Women in leadership
- Selling with Curiosity and Connection
- Money mindset
- Courage and taking imperfect action
- Inclusive recruitment and team development
- Gender equity in the workplace

### CONTACT

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